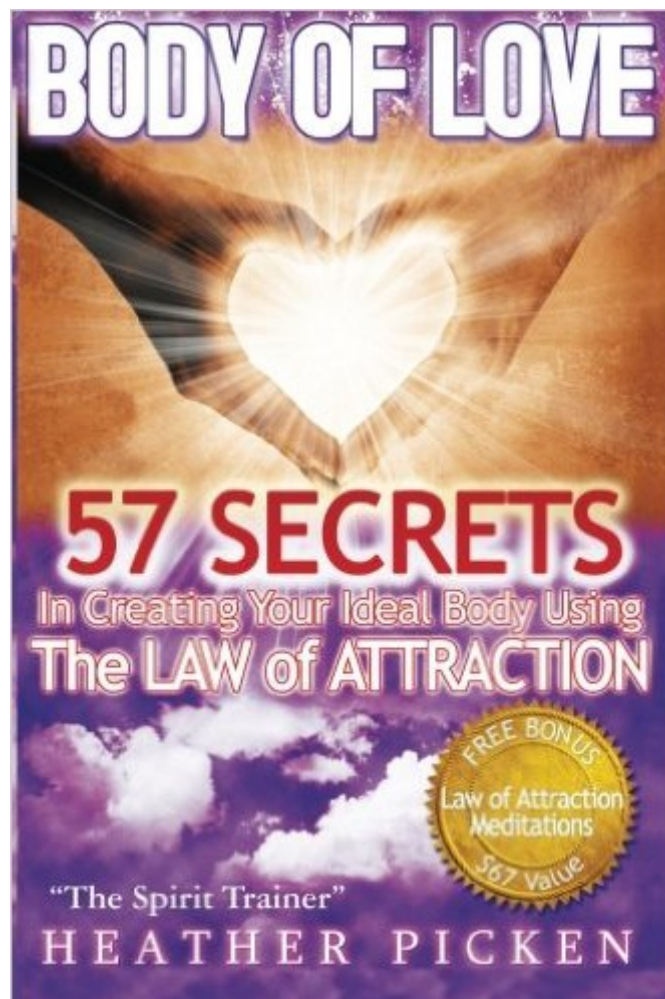


The book was found

Body Of Love: 57 Secrets In Creating Your Ideal Body Using The Law Of Attraction



Synopsis

â œBody of Love 57 Secrets in Creating Your Ideal Body Using The Law of Attractionâ œshows you how to harmonize with your body and soul in creating your ideal body. This book teaches you the most powerful secrets that go beyond the traditional diet and exercise protocol. Once you apply these techniques you will become a magnet in attracting both your ideal body and whatever else you would love to have in your life. Â

- *Transform your negative emotions about your body
- *Breakthrough the barriers that have been keeping your weight stuck
- *Program your mind to be slim
- *Discover how you can attract your ideal body without having to spend hours at the gym
- *Learn how to use your intuition in guiding you to your perfect eating and exercise plan without having to invest lots of money in diet and exercise programs
- *How to finally stop self-sabotaging behavior
- *Release excess weight easily and without harmful dieting
- *Learn a technique that is 300x more powerful than visualization in attracting your ideal body

Book Information

Paperback: 268 pages

Publisher: BookSurge Publishing (January 14, 2009)

Language: English

ISBN-10: 1439216134

ISBN-13: 978-1439216132

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 starsÂ Â See all reviewsÂ (16 customer reviews)

Best Sellers Rank: #3,054,946 in Books (See Top 100 in Books) #48 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #39919 inÂ Books > Self-Help > Personal Transformation #75665 inÂ Books > Religion & Spirituality > New Age & Spirituality

Customer Reviews

Firstly, I would like to say that I have personally spoken to Heather and she is the real deal! I mean, she REALLY cares and wants to help women! I first heard about losing weight using the law of attraction in Jerry and Esther Hicks book, "The Power of Your Emotions," so for those of you new to this, please know it is a real thing and a real method. That sparked my interest in using the Law of Attraction to lose weight, but there were no books out there on this topic! Jerry and Esther only touched on the subject and did not provide me with enough information to actually make a change. So, I was thrilled to receive Heather's email about her new book! Heather did not just make this up

either, she lived it! In the beginning of her book, she shares her own personal story, which for me, was basically like reading about my own life! So, for those of you who have been up and down with your weight and suffered through horrid relationships with men like both myself and Heather have, you really need to read this! After sharing her own story, Heather then asks you to do some journal writing in the book, which was new for me because I never write in books. You are asked to dig deep to discover the many reasons why you want to change your body and how it will change your life. This exercise is really important and I suggest you take the time to write in the pages and really just soak yourself into this book. Having excess weight, diseases, even common colds are all symptoms of something bigger. Your body is always trying to communicate with you in different ways. Being overweight is a symptom of something much bigger. I also took a class last year that discussed how different feelings such as loneliness, fear, etc are symptoms of holding onto excess weight.

[Download to continue reading...](#)

Body of Love: 57 Secrets In Creating Your Ideal Body Using The Law of Attraction Law of Attraction: 7 Secrets to Put in Action the Law of Attraction on a Daily Basis and Successfully Manifest Abundance, Confidence, Money, Healthy and ... The Law of Attraction, Beliefs, Abraham) Secrets The Secret Never Told You; Law of Attraction for Instant Manifestation Miracles: 5 Secrets Never Told on How to Use the Law of Attraction (Law of ... Instant Manifestation Miracles Book Book 2) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Attract Men: Creating Emotional Attraction: Why Men Become Distant, How To Avoid The Mistakes That Kill Attraction, Intensify Your Connection & Trigger ... and Dating Advice for Women Book 2) Releasing a Person: Fast Recovery from Heartbreak, a Breakup or Divorce (Love Attraction #1) (Love Attraction Series) The Secret: Law of Attraction Guide for Absolute Beginners! Use Manifestation to Get Everything You Want! (Manifestation, Law of Attraction, Manifesting, The Secret) Law of Attraction: How to Use the Law of Attraction to Manifest Positive Energy, Better Relationships, More Money and Success Law of Attraction - 30 Practical Exercises (Law of Attraction in Action Book 1) Quantum Tools to Help You Heal Your Life Now: Healing the Past Using the Secrets of the Law of Attraction Quantum Runes: How to Create Your Perfect Reality Using Quantum Physics and Teutonic Rune Magic (Creating Magick with The Universal Laws of Attraction Book 1) Law of Attraction: Unleash The Secret Power Within and Learn How To Manifest More Money, More Love, More Success, More Abundance In No Time: (Special Bonus: ... Money, Success, Happiness & Love,) The Soulmate Secret: Manifest the Love of Your

Life with the Law of Attraction Rapid Weight Loss Affirmations: Positive Daily Affirmations to Help you Lose Weight Fast Using the Law of Attraction, Self-Hypnosis, Guided Meditation and Sleep Learning The Mystic Triangle: Alchemical Secrets about Being a Better Person and Transforming Life with the Law of Attraction Secrets to Buying Your Ideal Dental Practice Manifest in 5 Easy Steps With the Law of Attraction (Create Love, Success and Happiness With Easy Manifestations Book 1) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) What's Real, What's Ideal: Overcoming a Negative Body Image (The Teen Health Library of Eating Disorder Prevention) How To Win The Lottery With The Law Of Attraction: Four Lottery Winners Share Their Manifestation Techniques (Manifest Your Millions! Book 2)

[Dmca](#)